

CAMIÑO DOS FAROS

THE LIGHTHOUSE WAY

➤ 200-km hiking route
along the coastline



COSTA DA MORTE - GALICIA - SPAIN

Spain... at the End of the Land...



... in the amazing Galicia





On December 7th, 2012 4 trasnos left Malpica and only one goal: to link Malpica with Fisterra.

This was the only premise that was clear for us: all the points that would form the hiking route should be on the coastline and the route should have a particular sense along the Costa da Morte, a route that we knew would be amazing.

It was not easy, but after hiking for some weekends we succeeded and we arrived at Fisterra some days after. We had opened a big route. However, whereas we were making the route we were wondering if we should tell about it or just keep the secret.

We decided to share it although, we don't know why, and make it with more people so that everybody could get to know it. Since then, we have had only a goal: to make this Camiño dos Faros be a reality so that people can make it with the maximum respect for nature.

200 km hiking-route along the coastline

8 sections
8 lighthouses
10 small villages
fishing ports
virgin nature
50 beaches
cliffs, dunes
estuarios, birds
asea of histories
art of all times
delicious gastronomy
... and lots of magic



"Traski is that little goblin that is there even if you do not see it, who is accompanying you at all times and is part of this whole adventure. We are all behind Traski and with him we have learned the history and landscapes in these 200 kilometers. You do not see him, but he exists, he is here ..."



Traski



NATIONAL GEOGRAPHIC *"Camino dos Faros coastal trail is the country's under-the-radar gem. It weaves through the rugged, wild terrain of Costa da Morte on the Atlantic coast of Galicia, Spain."*

THE GUARDIAN *"Walking one of Europe's most spectacular coastline"*

THE TELEGRAPH *"O Camiño dos Faros ,one of the 50 best adventure vacations in the world"*

THOMAS MOYER (WANDERLUSTMAGAZINE) - *"I have traveled some 15 countries hiking and O Camiño dos Faros is in the TopTen of all routes. It is very authentic. Now you have an obligation: keep it as it is."*

THE TIMES *"Shipwrecks and rainbows, beach towns and barnacles. The Coast of Death has thrilled me rather than killed me."*





©Eduardo Verdes

SECTION I: MALPICA-NIÑONS (21.9 Km)

KILOMETERS: 21,9 Km
APPROX TIME: 7h 30'
DIFFICULTY: Middle



The first stage of Camiño dos Faros leaves from Malpica's port and walks through this beautiful fishing village: the port, its streets, the promenade and the Area Maior's beach to go in the direction of San Adrián. Before reaching the hermitage, it goes through the Seia's beach and several water sources.

From San Adrián, the wide panoramic view of the Sisargas Islands is amazing. The fishing paths, which take us to Beo, are crossing the first cliffs of this path. From there, the ground is softened until we arrive to cross the small river of Seiruga's beach with the water at the knees.

In Barizo there are the last houses and the last services of the stage. From there, the hard section begins in Monte Nariga until we achieve the cape where the lighthouse, which was built by César Portela, is situated. The environment of Punta Nariga is full of magic, from there we will find some large rocky formations with the most varied shapes.

From there to the end, the trail goes by the Penas do Rubio along a somewhat complicated stretch to the Ensenada do Lago, passing through a cliff area, ending at Niñóns' beach, we warn you that you must finish the stage with the day light.





SECTION 2: NIÑONS-PONTECESO (26.2 Km)

KILOMETERS: 26,2 Km
APPROX TIME: 9h 45'
DIFFICULTY: High



The second stage takes us through an infinite variety of landscapes from Niñóns to Ponteceso. Making it complete in a single day is not easy, but it is possible with peace of mind in about 10 hours.

The stage starts at Niñóns' beach crossing the cliffed coast that separates us from the Port of Santa Mariña and the beautiful Enseada da Barda. From there, it goes passing by the Costa da Tremosa along a demanding path with privileged views that will take us to the small Roncudo's village, which shows us architecture based on the same stone and fully adapted to the wind and storms.

At the Roncudo's lighthouse we will spot the rocks where the percebeiros risk their lives to pluck this precious product from the sea, the barnacles.

After the Corme's port visiting all the beaches and Monte da Facha until will reach Valarés, it will be the perfect place to stop and enjoy its beach and the pine forest.

At the end of the stage by Monte Branco is spectacular. The mouth of the Anllóns' river, with Tiñosa Island and the Barra's dunes that form the Estuary of Insua, a place of the greatest ornithological importance. Crossing the Malecón to the end at Ponteceso's bridge, in front of the Eduardo Pondal's house, poet and author of the anthem of Galicia.





SECTION 3: PONTECES/O-LAXE (25.2 Km)

KILOMETERS: 25,2 Km
APPROX TIME: 9h
DIFFICULTY: Middle



The third stage of the Camiño dos Faros takes us through the whole county of Cabana de Bergantiños.

The path starts in Senda do Anllóns, a 3 km walk where a large number of birds can be seen through their habitat in this estuary and some of the old ribera carpentry that still survive today.

At the end of this path, it goes inland on a climb up the Rego dos Muíños to the Castro A Cibda and the Dombate Dolmen, two archaeological jewels of Costa da Morte.

At Dombate the path leads us back to the coast again, deviating first to climb Monte Castelo, the top of this Camiño dos Faros with its 312 meters. At this higher point the panoramic views are the best one of the Ría de Corme and Laxe.

Descending by Canduas towards the Costa da Mundiña to reach the Rebordelo's beach, where is a place recommend to stop.

The last part of the stage takes us through Punta do Cabalo, from where again the panoramic views of the whole Ría de Corme and Laxe. From that point, the path goes along the coast passing the beautiful Freixufre mountain before reaching the extensive Laxe' beach.





SECTION 4: LAXE-AROU (17.7 Km)

KILOMETERS: 17.7 Km
APPROX TIME: 7h 30'
DIFFICULTY: Low



This fourth stage begins to approach the heart of the Costa da Morte. The stage starts in Laxe visiting the port and the Church of Santa María da Atalaia. From here we walk to the lighthouse in the Ruta da Insua. Closer to the lighthouse, we will enjoy two curiosities of nature: Furna da Espuma and the Crystals' beach. From there starts the path through the Enseada da Baleeira that will take us to the Peñon de Soesto, with stunning views of the entire route.

In Soesto's beach, a very comfortable walk begins crossing the Punta de Catasol and the Arnado's beach, to reach the beach and the lagoons of Traba, where a great number of birds can be see all around.

From Mórdomo, end of Traba's beach, there is a path that will take us through another spectacular landscape of this Camiño dos Faros. This entire coast on the way to Camelle takes you to the tale of Gulliver in Lilliput, in the world of big stones. Until to reach the Sabadelle's Coido stones of different shapes and sizes wich make this section as a unique landscape .

Camelle is another key point of the route. We enter through its beach and small fishing port to reach the dock where the remains of the Man Museum are. From there, the end of the stage takes us along small coastal roads to Arou, where this short but intense fourth stage of Camiño dos Faros ends.





SECTION 5: AROU-CAMARIÑAS (22.7 Km)

KILOMETERS: 22,7 Km
APPROX TIME: 9h
DIFFICULTY: Middle



This stage is one of the best hiking routes you have ever done, on a coast that is tremendously steep and full of history. A series of shipwrecks in the late XIX, with hundreds of deaths in the Serpent, were the origin of the name of Costa da Morte.

We go through Xan Ferreiro to the viewpoint of Lobeiras and Lobeiras' beach. From there crossing a cobbles stone beach, in the middle of a unique landscape, the path reach the small Santa Mariña's port. From the Penal de Veo contemplate us a spectacular panoramic, with the dune and the Trece's beach, all the Punta Boi and the English cemetery. We are in the equator of Camiño dos Faros, about 100 kilometers have already been walked and another 100 will be walked.

Trece's beach is an environmental jewel. There, the sea breaks with force and it is the English Cemetery, where the victims of the Serpent rest. From Punta Boi to Vilán takes us through all the Reira's beach through a comfortable path that runs along this wild coast to the Vilán's lighthouse.

Since its implementation, Vilán's lighthouse has been the light that guides all the ships across these seas and it is a magical place of the Camiño dos Faros.

Leaving Vilán to get closer to Camariñas along another path that runs along the coastline, passing through the chapel of the Virxe do Monte, before finishing the stage in the center of Camariñas, next to the fishing port.





SECTION 6: CAMARIÑAS-MUXIA (32 Km)

KILOMETERS: 32 Km
APPROX TIME: 10h
DIFFICULTY: Middle



It is the longest stage with beautiful landscapes to be discovered of the Ría de Camariñas and Muxía. The principle takes us through the Ensenada da Basa and the mouth of the Rio Grande, calm waters of great shellfish wealth, where we can see the shellfish in the midst of the flocks of egrets and other birds that seek refuge and food.

Tasaraño, Dor and Allo are rural villages as a part of the authentic Galicia. Thus we come to Ponte do Porto, another village whose name comes from the 13th century bridge that crosses the Rio Grande, and Cereixo, with its tidal mill, the Santiago's church, an impressive oak and the Cereixo's towers.

The path narrows arriving to the Furna do Sapo, towards the beaches of Area Grande, Leis and the spectacular Lago beach, where you can take a well-deserved dip and a rest, before walking the second part of this long stage.

Through the Merexo's village we will go to Os Muíños and the set of rehabilitated mills of the Negro river, which connect with another beautiful beach. From there, across the Chorente's forest we will arrive to Muxía.

The tour of Muxía takes us to the top of Corpiño's mount to see another great view. The Punta da Barca, with the lighthouse next by the Sanctuary of Virxe da Barca and all those stones that make this magical place, with one of the best sunsets of the Costa da Morte.





SECTION 7: MUXÍA-NEMIÑA (24.3 Km)

KILOMETERS: 24,3 Km
APPROX TIME: 9h 15'
DIFFICULTY: High



This 7th stage is one of the most complicated of this way, especially the beginning, with 10 kilometers from Lourido to Moreira of continuous ups and downs.

Leaving Muxía by O Coido and crossing the Lourido's Beach to start the ascent to Cachelmo's Mountain. From the top the view is spectacular, with Muxía and Vilán in the background, and Punta Buitra with Touriñán to West.

From there, a complicated descent begins taking us closer to Punta Buitra and the hill of the same name, from where the rest of the stage can be seen. Cuño, O Pedrouzo, Moreira and the whole peninsula forms Touriñán's Cape.

In Cuño begins the ascent to the 264 meters of the Pedrouzo's mountain and the descent by the Ribeira de Viseo to the Moreira's beach, where the stage is softened.

From Moreira, a path brings us closer to the Touriñán's lighthouse, the westernmost point of Camiño dos Faros and the peninsula of Spain. In Castelo's island, the last sunset of Europe happens many days per year.

In the last part of this stage Talon's village reach the extensive Nemiña's beach, the end of this penultimate stage.





SECTION 8: NEMIÑA-FISTERRA (26.2 Km)

KILOMETERS: 26,2 Km
APPROX TIME: 9h
DIFFICULTY: High



The last stage of this Camiño dos Faros leaves the Nemiña's beach, crossing the entire sandy area until reaching the estuary of the Ría de Lires, the smallest in Galicia and an ornithological paradise, which skirt along the Vaosilveiro's bridge and the Lires' village.

From there, the stage begins to get hard on the Canosa's coast, crossing the cliffs of Punta Besugueira and the Mexadoira, in one of these unique landscapes that this Camiño dos Faros offers. Rostro's beach is another universe of sensations, with its 2 kilometers of sand and the constant noise of the sea filling everything. On the cliffs formed by Punta do Rostro and Punta do Castelo we visit the Castro de Castromiñán from where it is hard distinguish its exterior walls. From there, the next goal of this stage, Cabo da Nave, can be seen.

From Arnela's beach begins the ascent to Cabo daa Nave, which takes us along a path between rocks through the highest cliffs of the route. At the end, a well-deserved rest before facing the stretch to Mar de Fora's beach is recommended.

Crossing the western part of the Cape and, from the Facho's mountain, we will see the first views of the Fisterra's lighthouse, arriving by a path totally different from the rest: O Camiño dos Faros.





RECOMMENDATIONS



The Trasnos suggest doing O Camiño dos Faros because it is an excellent way of getting fit by discovering all places of this magical Costa da Morte.

BASIC RECOMMENDATIONS

- To wear appropriate footwear (hiking boots) is indispensable. The route runs through all kinds of path, rocks, rocky areas, water, sand, etc. Bearing all this in mind, the sole should give the needed friction on all expected surfaces and should hold the foot firmly. Wearing sneakers is reckless.
- To wear long trousers. Sometimes we walk through places difficult to access or even closed, with undergrowth and furze. It is actually true, that short and light trousers may be advisable in some parts of the route.
- Sun protection. This route goes always towards the West, which means that the sun is always in front of us.
- Route stages. Every route stage is planned to take us 9 hours on average walking in a slow pace 3 or even less kilometers per hour. It is not a walk along a beach, actually, it does have its difficulty, but any trasno with minimum physical conditions can take part of it. The pace is always marked by the hikers who walk more slowly, which is important is to make the stages all together enjoying the landscape.

FOLLOWING THE ROUTE (follow the green arrows)

- Green arrow. All the route is marked with small green arrows which have all of them the same shape and with green spots which will help you to follow the route. The arrows mark the direction to follow whereas the spots mean that you are on the right path.
- Tracks in website: There is also the possibility of downloading the track in the website and use it from your smartphone.



TRAVELS TO FINISTERRE

LOCAL AND RESPONSABLE TRAVEL AGENT

From the travel agency **Travels to Finisterre**, in collaboration with the Association O Camiño dos Faros, we have prepared these Special Packages for groups of hikers. Packages with all options to suit different needs (8 stages, 4 stages, 2 stages), with a quality / price without competition.

Different created packages include accommodation, breakfast, dinner, transfer start/end stage, insurance and all the extras that will facilitate you this unique trip to Costa da Morte.

Travels to Finisterre works closely with the association and all reserves help the development of the project.

SELF GUIDED PACKAGES (Departures confirmed all year)

Program 8 stages / 9 nights

Program 4 stages (1-4) / 5 nights

Program 4 stages (5-8) / 5 nights

Accommodations – Accommodations of different categories, from 3* hotels to hostels, but always in private room with bathroom. Always in Bed and Breakfast.

Transfers – We take care to pick you up at the end of the stage and take you at the beginning of stage. We also handle the transfer of luggage between accommodations.

PACKAGES FOR CLOSED GROUPS

Packages with all options to adapt the number of people and the diverse needs (8 stages, 4 stages, 2 steps) and include accommodation, breakfast, dinner, transportation start / end stage, insurance and all the extras that we needed to provide the greatest possible number of people this unique journey through Camiño dos Faros.

... and you only worry about walking

BOOKING T: 0034 981745791 info@travelstofinisterre.com

O CAMIÑO DOS FAROS

THE LIGHTHOUSE WAY

200-km hiking route along the coastline

Asociación O Camiño dos Faros

www.caminodosfaros.com

T: 0034 657542023



COSTA DA MORTE
Asociación de Turismo CMAT



**Deputación
DA CORUÑA**

galicia



Malpica



Ponteceso



Cabana



Laxe



Camariñas



Muxía



Cee



Fisterra



Vimianzo

COSTA DA MORTE - GALICIA - SPAIN